

## WEEK 4 Helping Others



Dear Parent/Guardian,

This week, Manners of the Heart is reminding children of the importance of fulfilling their duties at home. Kindergartners are learning the following:

- To do their part as a member of a family.
- To pick up their toys to keep others from tripping over them.
- To put dirty clothes in the laundry basket.

Here are a few ways to support your child's helpfulness at home:

- **Give your child duties (chores) as a member of the family.** Children need to experience being a part of something greater than themselves. When you give your child duties that only they perform, your child experiences the satisfaction of being a valuable member of the family with something to contribute.
- **Assign duties that have a purpose.** No matter the age of your child, any duties you assign should have one or more of the following intentions: Helping your child learn life skills - Helping your child become a valuable member of the family - Helping your child become a valuable member of society.
- **Assign duties that are age-appropriate.** Are you wondering what duties to give your kindergartner? The goal is to help your child find satisfaction in accomplishing simple tasks. Young children have a strong desire to please. You can build on that desire by allowing them to help you. Here are a few age-appropriate duties:
  - Five-year-olds are capable of organizing their room or "space" to accommodate their belongings. Walk your child through the process of picking up toys and placing them in the proper place.
  - Kindergartners are also very capable of putting away their shoes and putting dirty clothes in the laundry hamper.

From our hearts to yours,



PS Don't forget to ask your child to define KINDNESS and LOVE!



**LOVE**—Genuinely caring for others  
**KINDNESS**—Showing care for others in an unexpected and exceptional way