

WEEK 7 **Being a Buddy, Not a Bully**



Dear Parent/Guardian,

For Your Heart

Children have a choice to make – to stand back and allow someone to be bullied, or to step in and stand up by offering help. In this lesson, third graders are learning the following:

- Why it is important to stand up for someone who is being bullied
- What actions to take when they witness bullying
- How to help the bully become a buddy

For The Heart of Your Child

Here are some ways that you can support your child’s ability to peacefully resolve bullying situations:

- Talk with your child about a time you witnessed bullying as a child. How did you react? What would you do differently today?
- Explain to your child why it is important to help someone being bullied instead of ignoring it or going along with it. Review the following steps your child is learning at school:
 - Don’t stand back.
 - Step in for the one being bullied and ask a friend to join you.
 - Stand up and find a teacher, parent or responsible adult to confront the bully. Sometimes kids who are bullied are scared to ask an adult for help because they think it will make the bullying worse. Kids who know about the bullying can help by going to an adult.

We hope you take the time this week to invest in your child’s manners as they learn to step in and stand up for the rights of others.

From our hearts to yours,



PS Don’t forget to ask the definitions of KINDNESS & ACCEPTANCE.

KINDNESS—Showing care for others in an unexpected and exceptional way

ACCEPTANCE—Treating everyone you meet with the same respect, regardless of differences

