

WEEK 8 Following the Golden Rule



Dear Parent/Guardian,

Children in the Merryville Stories run to Wilbur for guidance and words of wisdom when they lose their way. He gives sound advice full of encouragement and practical, everyday solutions. This week, Wilbur is teaching students about the Golden Rule. Kindergartners are learning the following:

- To treat others the way they want to be treated.
- That they can make the world a better place even at their young age.

Children treat others the way they want to be treated when their heart is filled with love. Here are some of our thoughts on love:

- **Love isn't just an emotion; it's a choice.** You can choose to love when you're angry. You can choose to love when you're disappointed. You can choose to love when you don't feel love.
- **Children love others as they have been loved.** A child whose heart is filled with the love of his parents doesn't need to look in the world for his heart to be filled. **Time, discipline,** and **words of affirmation** fill a child's heart:
 - Time just spent together... listening, talking, working on projects.
 - Loving enough to discipline. Children who are not disciplined grow up resenting their parents who didn't train them to be responsible.
 - Children, who are demeaned with words that attack their being, rather than their behavior, develop bitterness and rebellion.
- **Here are a few fun ways to "go the extra mile" in showing love this week:**
 - Serve heart-shaped pancakes for breakfast.
 - Put a love note in your child's backpack.
 - Prepare a special supper of your child's favorite food.
 - Leave the television/electronics off for one evening a week and enjoy each other!

From our hearts to yours,



PS Ask your child to share the definitions of HUMILITY and EMPATHY.



HUMILITY—Not caring who gets credit
EMPATHY—Walking in another person's shoes