

# WEEK 12 Greetings and Introductions



Dear Parent/Guardian,

## **For Your Heart**

Children need to learn how to greet others and make introductions because:

- A heart-felt greeting builds a bridge to others; the absence of a friendly greeting builds a wall.
- A smile breaks through almost any language or cultural barrier. When you smile, the world smiles with you.
- Learning how to greet and introduce others helps young children overcome shyness and uneasiness in social settings.

This week, first-graders are learning to meet adults with a confident smile, a handshake and a warm greeting.

## **For the Heart of Your Child**

You can help your child overcome shyness or fear by practicing how to greet an adult in the security of your home. The more your child practices this skill, the easier it becomes. Here are the 5 S's your child is learning at school. You can practice them at home to help your child become more comfortable with meeting and greeting adults:

**See** – Look your new friend in the eye.

**Smile** – Smile as you look at the new friend.

**Step** – Take one step toward the friend as you shake his or her hand.

**Shake** – Grip his or her hand firmly, but not too hard.

**Speak** – Say, “I’m \_\_\_\_\_. It’s nice to meet you.”

From Our Hearts to Yours,



PS Ask your child what FRIENDLINESS and MATURITY mean!

**FRIENDLINESS**—Welcoming others by offering a smile and a kind word

**MATURITY**—Making the right choice, even when others around me do not

