

WEEK 8 Following the Golden Rule



Dear Parent/Guardian,

For Your Heart

This week, Wilbur is teaching students about the Golden Rule—Treat others the way you want to be treated. When we live by the Golden Rule we can teach our children to do the same:

- Respecting others the way we would like to be respected.
- Having patience with the others the way we would like others to have patience with us.
- Caring for others the way we would like to be cared for.
- Loving others the way we would like to be loved.

A child, who learns to love well, learns to live well.

For the Heart of Your Child

Children treat others the way they want to be treated when their hearts are filled with love. Love is not just an emotion; it's a choice! As your child learns to practice the Golden Rule with love, you can try one of these fun ways to show love at home this week:

- Fill a book bag or lunchbox of each of your family members with a love note.
- Prepare a special supper of everyone's favorite foods.
- Leave the television off for the evening and enjoy each other's company.
- Give out real hugs and kisses and say "I love you" as you tuck everyone in for bed.

Children love others as they have been loved. We hope you find special ways to show love to your children and encourage them to love and follow the Golden Rule!

From our hearts to yours,



PS Ask your child to share the definitions of HUMILITY and EMPATHY.



HUMILITY—Not caring who gets credit

EMPATHY—Walking in another person's shoes