

4 Helping Others



KINDNESS—Showing care for others in an unexpected and exceptional way

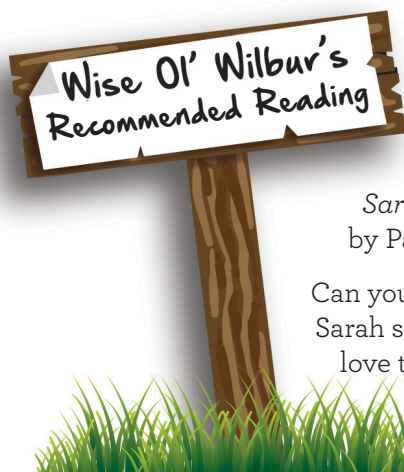
LOVE—Genuinely caring for others

REMEMBER



SKILLS AND OBJECTIVES


- Children will look for ways to help others intentionally.
- Children will learn to work hard to master a skill so they can teach someone else.
- Children will learn to help someone by not doing things for them.



Sarah, Plain and Tall
by Patricia MacLachlin

Can you identify examples of Sarah showing kindness and love to other characters?

GUIDING CHILDREN'S LEARNING

1. Introduce the definitions for this week's *Heart Attributes*: KINDNESS and LOVE. Encourage your students to memorize and recite the definitions. They should also listen closely to the story for examples of both *Heart Attributes*.
2. Let's Listen! Read aloud or play the recording of ***A Slap in the Face***. 
3. After the story, lead your students in the following discussion questions:
 - *What is the problem in the story?*
Jerome wants to fish, but he asks Tommy to do everything for him.
 - *What is the easiest thing for Tommy to do?*
The easiest thing would be just to do everything for Jerome.
 - *What is the right thing for Tommy to do? Why?*
The right thing to do is for Tommy to teach Jerome all the things he knows about fishing.
 - *How did Tommy's attitude change from the beginning of the story to the end?*
He was very frustrated at the beginning of the story and then felt more satisfied at the end.
 - *Was Jerome having fun at the end of the story?*
Yes! He had learned how to fish!
 - *What would have happened if Jerome had had a bad attitude about Tommy helping him?*
The boys may have not been friends any longer and Jerome would never have learned how to fish.

MANNERS IN ACTION

1. Point out the **Happle Tree** and how the number of **Happles** is growing. Remind your students that their hearts are growing as well!
2. Discuss the *Big Ideas* of the story.
 - *The easiest thing to do is not always the right thing to do.*
 - *There are opportunities to help others all around us.*
 - *Teaching someone a skill is a way to help them.*
3. Ask your children how they can show KINDNESS and LOVE this week. Encourage students to look for opportunities to give an act of KINDNESS at school or at home and to offer help from a heart of LOVE. Challenge them to be the student who hangs a Happle at the end of the week!

A SLAP IN THE FACE

Once upon a heart in Merryville, Tommy had an important question for his dad. “Daaaad!” Tommy complained.

“What’s up, Tommy?” Mr. Tripper replied.

“Whenever I go fishing, Jerome shows up and wants me to do everything for him,” Tommy answered.

“What do you mean, everything, Tommy?” Mr. Tripper asked.

“Well, he always wants me to put the worm on his hook,” Tommy said. Puzzled by Tommy’s complaint, Mr. Tripper asked, “What’s wrong with that?”

“It’s like he’s afraid of it or doesn’t know what to do with it, even though I keep doing it over and over for him.”

“I see,” answered Mr. Tripper. “What else?”

“Whenever he throws his line in the water, he wants me to hook his fish for him. I never get to fish for myself,” complained Tommy. “I see,” answered Mr. Tripper. “What else?”

“Well, whenever he hooks a fish, he wants me to pull it in for him,” Tommy answered. “Is he too little or too weak?” asked Mr. Tripper.

“No, he’s not. But when I’m trying to catch my fish, he wants me to help him catch his fish.”

“I see,” answered Mr. Tripper again. “Anything else?” Tommy continued, “Then, I have to take his fish off his hook and hand it to him, but he drops it on the ground.”

“I see. Is that it?” Mr. Tripper responded. “No, then he wants me to pick up his fish and put it in the bucket.”

“And what else, Tommy Tripper?” Mr. Tripper asked with a little bit of a laugh. “Well, Dad, then it starts all over again. He wants me to put another worm on his hook, and...”

Mr. Tripper interrupted and asked, “Tommy, have you ever thought about teaching Jerome how to fish instead of doing it all for him?”

“What do you mean, Dad?” asked Tommy. “Well, Tommy, show him what you do and have him do it just like you do,” Mr. Tripper said, looking at his son with great pride.

“I’ll help you practice. What’s the first thing you do?” asked Tommy’s dad.

“Well, first, I reach in the bucket and get a worm,” said Tommy. When Tommy looked up at his dad he saw Jerome coming in the gate of the trout farm. “Uh-oh, here comes Jerome now,” Tommy added.

Mr. Tripper called out, “Hey, Jerome, do you want to go fishing with Tommy?”

“Yes, sir, Mr. Tripper,” Jerome answered with excitement, not knowing what was ahead. “Today, Tommy’s going to show you what to do,” Mr. Tripper said.

Tommy and Jerome picked up their fishing poles and went to the stream. When they put their buckets down Jerome asked, “Tommy, can you put a worm on my hook for me?”

“Jerome, I’m going to show you how to do it just like I do,” Tommy answered. Jerome watched Tommy bait his hook and tried it for himself. After dropping the worm a couple of times, he said, “Tommy, will you do it for me?”

“Just keep trying. You’ll get it,” encouraged Tommy. Jerome finally got his hook baited and threw his line out just like Tommy. “Is this the right way, Tommy?” Jerome asked.

“You got it, Jerome!” Tommy answered with a thumbs up. Jerome felt a tug on his hook and hollered, “Tommy! Help!”

“I’ve got one, too, Jerome,” Tommy hollered back. “Watch me and do what I do. Just pull him in.” Jerome pulled and pulled until, finally, his fish popped out of the water and slapped him in the face.

Tommy dropped his pole and ran to help his friend. But instead of being upset, Jerome started laughing and said, “Looks like he got me, Tommy. Can you help me put him in the bucket?” asked Jerome.

Tommy kept laughing and answered, “Put your foot on his tail and pick him up with both hands. He won’t hurt you.” Jerome did just what Tommy said and dropped his fish in the bucket. He wondered why he ever thought this was all such a big deal.

“Tommy, did I do okay?” Jerome asked. “You did great! Get another worm so, you can catch another fish!” Tommy exclaimed.

Jerome reached in the worm bucket and grabbed the biggest one he could find! Tommy watched his friend and then asked, “Need any help, Jerome?”

“No. I got it, Tommy,” Jerome answered with newfound confidence and a big smile.

Scratching his chin, Tommy said, “Jerome, I bet one day you’ll be a better fisherman than I am.”

Just the beginning...

4 Helping Others

Day 2 WRITING FROM THE HEART

1. Discuss the following:
 - *We all have special gifts or talents, whether big or small.*
 - *We can help others by showing them how to do something.*
 - *Tommy knew how to fish and realized that he could help Jerome by teaching him how to fish.*
2. Have students open their journals as you write the prompt on the board:
What are special talents or gifts that you have? How can you use them to help others?
3. Encourage the use of the *Heart Attribute* words this week: KINDNESS and LOVE.
4. Set aside the journals for discussion and sharing on Day 3.

You'll Need:

- **Helping Others** activity sheet (1/student) or notebooks
- Pencils

Day 3 LISTENING WITH THE HEART

1. Ask your students to share their Journal entries from Day 2.
2. As your students share their thoughts on helping others, remind them that they can also help younger children by teaching them how to tie a shoe, sharpen a pencil or clean up their toys.
3. Discuss: *Teaching younger children may not seem like a special gift or talent, but it is KIND and LOVING!*

You'll Need:

- Journal responses from Day 2

Day 4 CREATIVE CONNECTION

1. Give each student a **My Proverb** activity sheet.
2. Explain that a proverb is a wise saying. Discuss the meaning of the ancient Chinese proverb: *Give a man a fish and you feed him for a day. Teach a man to fish and you feed him for a lifetime.*
3. Ask your students to recall the discussions this week and create their own proverb about helping others. Have them write down and illustrate their proverbs on the activity sheet.

You'll Need:

- **My Proverb** activity sheet (1/student)
- Colored pencils

Examples:

- Dance for someone and you brighten her day. Teach her to dance and she smiles for a lifetime.
- Read to a friend today. Help them with their reading and they will read for a lifetime.
- Tie my little brother's shoes and he doesn't trip today. Teach him how to tie his own shoes and he'll never trip again!

Day 5 TECH TIME

Interactive Whiteboard Activity on MyManners Portal 

Ol' McDonald had some animals...but can you handle them?!

MANNERS IN ACTION

Whooooo will hang the **Happle** this week?



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